### KiiLTO PRO

## HAND HYGIENE GUIDE





Erisan Soap, Care Dose Soap, Erisan Dose Soap Kiilto Dose™



Erisan Etasept, Erisan Käsihuuhde, Erisan Käsidesi, Erisan Dose Antiseptic Kiilto Dose™



Erisan Hydra Cream

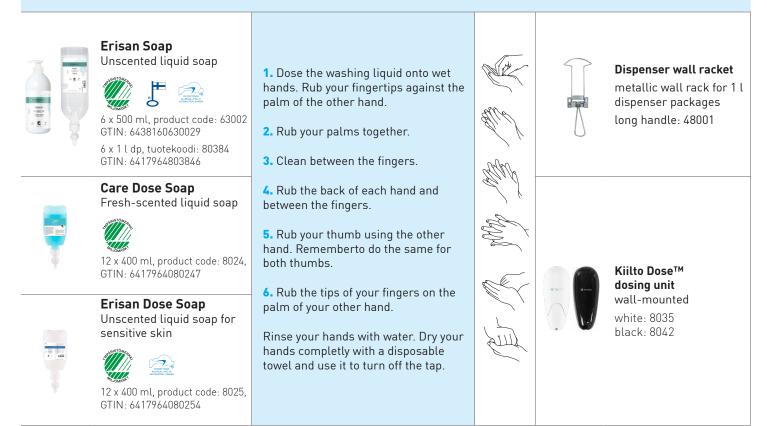
KiiltoClean Oy • tilaus@kiilto.com • www.kiilto.com

## Hand hygiene guide

#### WASH

Wash your hands with liquid soap when you **come to work** and **before cooking.** In addition, hand washing should be performed whenever hands are **visibly dirty** and **after using toilet.** Dry the washed hands thoroughly with a disposable paper towel, close the faucet with paper.

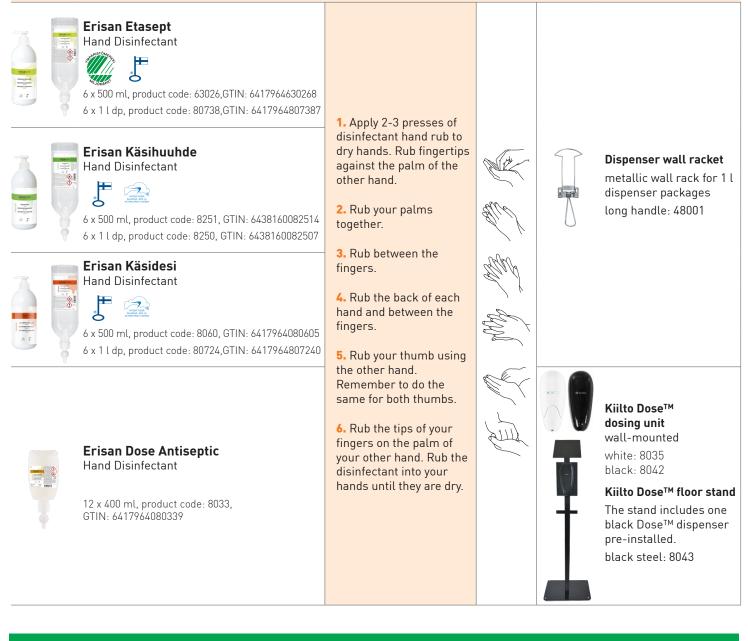
Avoid extra contact with the nose and face. In addition, always wash your hands after **blowing your nose, coughing, or sneezing.** When coughing, remember to cough on the sleeve and use only disposable tissues.



### for restaurants

### DISINFECT

Disinfect hands **after washing**. The disinfectant hand rub is dispensed in 2-3 presses to dry hands. Thoroughly rub your fingertips, palms and areas between the fingers and thumbs. Rub the rinse into the hands until completely dry.



#### CARE

Regular moisturizing of the skin keeps the skin elastic and the lipid layer of the skin protective. **After washing your hands, hands should be moisturized,** especially if hands need to be washed frequently or if your skin is already dry.



Erisan Hydra Cream Unscented moisturising cream

10 x 150 ml, product code: 8310, GTIN: 6417964083101 6 x 500 ml, product code: 8311, GTIN: 6417964083118 Apply the moisturiser to the hands and massage thoroughly until the moisturiser is fully absorbed.

# WASH & DISINFECT your hands right

Spread the washing liquid onto wet hands/ Spread 3-5 ml hand rinse onto dry hands Rub fingertips against the palm of the other hand.



Rub palms against each other.

Massage between the fingers.

Massage fingers also on the back of each hand.

Rub both thumbs separately.

6

Rub fingers hooked against each other.

Wash hands carefully under the running water, rinse hands and dry with a paper towel. Using paper, turn the water off.

Rub the hand rinse carefully onto hands until they are dry.







